

**WILEY BROS.
AINTREE CAPITAL
& PARTNERS, LLC**
40 BURTON HILLS BOULEVARD

NASHVILLE, TENNESSEE 37215

April 8, 2026

How the Iran Conflict May Affect the Markets

One month ago, the United States and Israel launched joint airstrikes on Iran. As part of this operation, Iran's supreme leader, Ali Khamenei, was killed. As you have seen, this has caused an upsurge in volatility for both the oil and stock markets, along with a surge in inflation.

I want to assure you that my team and I have spent a *lot* of time analyzing the situation and how it might impact you. We'll go over some of the details in a moment, but the most important thing for you to know is that we are keeping a close eye on everything. **We remain confident in our investment strategy as well as the path to your financial goals.**

Because I'm a financial advisor, not a geopolitical expert or military strategist, I'm going to refrain from commenting on the conflict itself and focus instead on its financial ramifications. Before continuing, though, I do want to say that our thoughts are with our armed forces and the innocent civilians in the region. So, while this message will focus on the *economic* side of the conflict, let us all remember that nothing compares to the human side.

With that said, let's now turn to the central question: **How will this conflict affect the markets?**

Nobody has a crystal ball, including me. But when it comes to geopolitical events, the markets typically react in a fairly consistent way. First, there's the initial reaction. The most risk-averse investors tend to sell, and quickly. Fighting brings disruption to production and trade; disruption brings uncertainty. Uncertainty, of course, is the ultimate cause of nearly *all* volatility.

Next, one of two things often happens. In some cases, the conflict resolves quickly and events normalize. In this case, the markets often rebound after their initial drop as investors seek to get back into the markets, or as those who stayed in seek out opportunities to buy at lower prices.

On the other hand, even if the conflict does *not* end quickly, investors, after digesting the news and its implications, will often treat it as merely one factor amid a myriad of factors that influence the markets. Sometimes this "digestion" can take merely days. Other times, it may last weeks or even months and cause a lot of *indigestion* in the process. But in both scenarios, volatility eventually settles down.

For these reasons, geopolitics tend to have a surprisingly short-lived effect on the markets. For example, take the Cuban Missile Crisis. The world has never been closer to nuclear war than during those nerve-wracking thirteen days in 1962, yet during that time, the Dow only fell 1.2%. By the end of the year, the Dow was up 10%.³

For two examples from the Middle East, consider when Iraq invaded Kuwait back in 1990, which triggered the Persian Gulf War. The Dow declined more than 18% in the immediate aftermath – only to recover completely a few months later.⁴ More recently, when Israel struck Iranian bases and nuclear facilities last year, the stock market slid sharply but recovered quickly.

Zoom out, and the pattern becomes fairly clear. According to one study of forty major geopolitical events across the past 85 years, the S&P 500 has fallen an average of 0.9% in the month after the event but risen 3.4% over the following six months.⁵

This phenomenon is common not just for stocks, but other markets as well. When Russia invaded Ukraine in 2022, energy prices skyrocketed. (Russia is a large source of both oil and natural gas, and international sanctions put a limit on how much the western world could import both.) But a year later, the oil market had “fully absorbed” the impact of the invasion, and prices returned to more normal levels.⁶

Now, I wish I could simply wrap up this message here. But while the markets *typically* shrug off geopolitics, that doesn't mean we don't need to pay attention to what's going on. Because while the past offers lessons for the present, it is no guarantor of the future.

Unlike last year, when Israel struck Iranian facilities, this is a more significant conflict. The scale is much larger. President Trump has said the war could last four to five weeks, or perhaps even longer.⁷ The consequences are already more significant. Iranian counterattacks have also struck other nearby countries like Saudi Arabia, Qatar, Kuwait, and the United Arab Emirates. For these reasons, it's impossible to say how long the fighting will last or if it will widen. If it does, investors may be forced to process a continuing stream of ever-changing news rather than one single event.

In the meantime, the biggest question mark is what this all means for oil prices. Consider:

- Iran produces 4.5% of the world's oil and shares the largest natural gas reserve in the world.⁸
- More importantly, Iran controls the north bank of the Strait of Hormuz. This waterway is one of the world's most crucial arteries for delivering oil and natural gas. According to the U.S. Energy Information Administration, an average of 20.9 million barrels of oil pass through the strait every day — about 20% of the world's total consumption.⁹
- As part of the conflict, Iran has struck multiple energy facilities in nearby countries, forcing them to suspend production. Some of the world's most major shipping companies have also suspended activity in the strait until further notice.

Now, it's important to note that, as of this writing, the Strait is *not* completely closed — and any closure would likely be temporary. But even temporary interruptions to production and trade can cause oil prices to spike. This matters because higher energy prices can lead to higher shipping and travel costs, food prices, and snarls in the supply chain. Furthermore, all *these* price hikes can affect everything from inflation to interest rates to corporate earnings, thereby potentially denting the stock market.

The takeaway, then: While conflict rarely causes *long-term* pain in the markets, we should certainly be prepared for possible heartburn in the short-term.

But here is what's always so important to remember during times like these: Conflict means change and change means uncertainty.

Uncertainty triggers overreaction.

That's why so many investors tend to lose money during times of volatility, because they make *long-term decisions* based on *short-term* emotions. The situation in the Middle East will likely change every day, hour, even minute. Headlines we read in the morning might be obsolete by

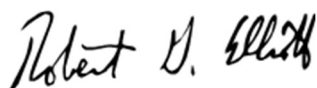
afternoon. That's why it makes no sense when investors panic or make decisions under the fog of uncertainty. By the time they do, the situation they're reacting to may have already passed!

For these reasons, the single best thing *we* can do is to simply hold on to our overall strategy and avoid overreacting, no matter how many headlines prompt us to do so.

With all that said, I want you to know my team and I will continue digesting every bit of information we can. If anything changes to the point that it requires *us* to change, either to take advantage of opportunities or to protect, we will let you know promptly. **And of course, if you have any fears or doubts in your mind, please tell me about them.** While it's one thing to say, "Don't act out of emotion," it's also important to acknowledge that **your emotions are valid and meaningful.** (We just don't want to act on them without careful consideration.) I am always here to listen to you and discuss any questions or concerns you may have.

In the meantime, I hope you found this information helpful. If we don't speak before then, I hope you have a great rest of your month, and a wonderful start to spring! Please let me know if there is anything I can do for you.

Sincerely,



Robert G. Elliott, CFP, MS
Vice President



Sarah L. Emmerick, CFP, MS
Financial Advisor

¹ "Dow is down just 300 points after earlier 1,200-point loss," *CNBC*, www.cnbc.com/2026/03/02/stock-market-today-live-updates.html

² "S&P 500 turns positive in dramatic comeback," *CNBC*, www.cnbc.com/2026/03/01/stock-market-today-live-update.html

³ "How Markets Respond to Geopolitical Crises," *A Wealth of Common Sense*, awealthofcommonsense.com/2017/06/how-markets-respond-to-geopolitical-crises/

⁴ "Stock Market History: More Ups Than Downs," *Forbes*, September 27, 2017. www.forbes.com/sites/johndobosz/2017/09/20/stock-market-history-more-ups-than-downs/?sh=71324c093951

⁵ "What Happens if the US Attacks Iran?" *Carson Group*, February 25, 2026. www.carsongroup.com/insights/blog/what-happens-if-the-us-attacks-iran/

⁶ "Oil market has fully absorbed impact of Russia's invasion of Ukraine," *Reuters*, www.reuters.com/business/energy/oil-market-has-fully-absorbed-impact-russias-invasion-ukraine-kemp-2023-03-09/

⁷ "As Mideast conflict widens, US says attacks on Iran will last weeks," *AP News*, apnews.com/article/iran-israel-us-03-02-2026-cb42936de1d8c261be8f30f11c6665fa

⁸ "Iran's main oil and gas production and infrastructure," *Reuters*, www.reuters.com/world/middle-east/an-overview-irans-energy-industry-infrastructure-2026-02-28/

⁹ "The Strait of Hormuz crisis explained," *CNBC*, www.cnbc.com/2026/03/02/strait-of-hormuz-crisis-us-iran-israel-war-shipping-trade-oil.html

&Partners did not assist in the preparation of this material, and its accuracy and completeness are not guaranteed. This content was prepared and sourced from an independent company. The opinions expressed in this report are those of the author and are not necessarily those of &Partners or its affiliates. The material has been prepared or is distributed solely for informational purposes and is not a solicitation or an offer to buy any security or instrument or to participate in any trading strategy. Please consult with your financial professional to determine what might be appropriate for your situation.